

## EVALUATION OF BIOACTIVE COMPOUNDS IN *Pseudarenthemum tunicatum* LEAVES USING GAS CHROMATOGRAPHY- MASS SPECTROMETRY

Nuria Chinonyerem AMEACHI, Chinemerem Linda CHIJOKE

Abia State University, Department of Food Science and Technology, Uturu, Nigeria.  
Emails: chinonyeremwog@yahoo.com, chinemeremlindy@yahoo.com

**Corresponding author:** chinonyeremwog@yahoo.com

### Abstract

*Pseudarenthemum tunicatum* belongs to the Acanthaceae family and an aqueous infusion of it is taken as a hematinic and for other medicinal purposes. This work was aimed at identifying compounds in dichloromethane/methanol (1:1v) and methanol extracts of *P. tunicatum* leaves using Gas Chromatography Mass Spectrometry analysis. Thirty compounds were identified in dichloromethane/methanol extract while thirty five compounds were identified in the methanol extract. The most abundant compounds in the dichloromethane/methanol extract 21-methyl-17-isocholestane-16-[2- [formylthio]ethyl],methyl-5,9,21-octacosatrienoate, 9,19-Cyclolanostan-3-ol, 24-methylene-, (3 $\beta$ .)and n-Hexadecanoic acid which had relative abundance of 13.51%, 12.72%, 10.66% and 10.20% respectively. The most abundant compounds in the methanol extract were 2,5-Furandione- 3-methyl, 5-Hydroxymethylfurfural, 9-Octadecenoic acid, (E) and n-Hexadecanoic acid which had relative abundance of 14.01%, 13.27%, 12.25% and 11.87% respectively. Tetradecanoic acid (i.e myristic acid) and n-Hexadecanoic acid were the only compounds identified in both extracts. Results indicated that polarity of the solvents used in extraction influenced the relative abundance and type of compound extracted. Dichloromethane/ methanol extracted more of the triterpenoids and sterols while methanol extracted more of the flavonoids, fatty acids and fatty acid esters. Various compounds identified are known to have varying bioactivities such as antimicrobial, anticancer, antioxidant and antisickling. As such, *P. tunicatum* leaves could be useful in the preparation of nutraceuticals.

**Key words:** *Pseudarenthemum tunicatum* leaves, Gas Chromatography-Mass Spectrometry, triterpenoids, fatty acids

### INTRODUCTION

Plants serve as source of medicine and an important component of the health care system [10]. Many plants contain compounds which have curative or protective properties against various diseases [16]. These compounds proffer positive health benefit such as being antioxidants which have the ability of “mopping up” reactive oxygen species (ROS) and reactive nitrogen species (RNS) which are implicated in inducing oxidative stress resulting to various types of cancer in different body parts and other ailments associated with it.

There has been an increasing interest on natural product research especially on medicinal plants which seem to have restorative properties [7]. The World Health Organization estimates that approximately 80% of the world population in developing countries relies on traditional plant medicine

for primary health care needs, of which a major proportion corresponds to plant extracts or their active principles [20]. They are a source of novel chemical entities that possess beneficial pharmacological and therapeutic properties [11]. *Pseudarenthemum tunicatum* leaves belongs to the family, Acanthaceae [5] [2] reported that plants belonging to Acanthaceae family have been reported to have anti-fungal, cytotoxic, anti-inflammatory, anti-pyretic, antioxidant, insecticidal, hepatoprotective, immunomodulatory, anti-platelet aggregation and anti-viral activities. Red colored infusion of this plant got after boiling the leaves in water is traditionally taken as 'blood tonic' by some human populations in the southern part of Nigeria and in some African countries who have a knowledge of its medicinal usefulness. Nutrient, phytochemical and amino acid profile of the leaves have been elucidated [3]. *P. tunicatum* is a woody herb or under shrub

reaching a height greater than 85cm with red flowers protruding at the tip. This under-shrub grows in evergreen forest and on rocks and near streams. It is found growing from Ghana to West Cameroon and Fernando Po and is wide spread throughout tropical African [5].

The main research interest in plants is aimed at unveiling the presence of some active components in them [17]. Identification and evaluation of these active compounds otherwise known as phytochemicals of uncommonly used plants could help provide information that would be useful in the development of a new drug [1] or in the production of a nutraceutical. It is in view of this that Gas Chromatography- Mass Spectrometry (GCMS) analysis was carried out to identify compounds present in *P. tunicatum* leaves. This will provide information about its usefulness and proposed use as a nutraceutical or as starting material in the synthesis of pharmaceutical drugs.

## MATERIALS AND METHODS

*Pseuderathemum tunicatum* leaves were harvested from nearby farms in Abia State University, Umuahia location in Umudike, Ikwuano Local Government Area in the month of January, 2017. It was identified by a taxonomist in the Department of Plant Science and Biotechnology, Abia State University Uturu, Nigeria. Specimen sample of the leaves were deposited in the herbarium. The leaves were de-stalked, washed in clean tap water and drained off the water. Subsequently, the leaves were dried under a shade for 5 days after which they were pulverized in a blender. Bioactive compounds were extracted according to the method described by [21]. Methanol and dichloromethane/methanol (1:1v/v) were used to extract bioactive compounds. 20g of the pulverized leaf sample was put into two labeled conical flasks respectively. 400ml dichloromethane/methanol and 400 ml methanol were added to the conical flasks containing the samples respectively and shaken vigorously. Each flask containing the sample and solvent were covered using aluminum foil and allowed to stand for 24h at

room temperature before the sample mixtures were filtered through whatman filter paper No.1 respectively. The respective extracts were concentrated by evaporating excess solvent by boiling in a water bath. Hence, two extracts of *P. tunicatum* leaves were obtained. These extracts were subjected to gas chromatography-mass spectrometry (GCMS) analysis for the separation and identification of compounds respectively. This was done using GCMS (Model QP 2010 series, Shimadzu, Japan) equipped with Optima 5ms fused capillary column of 30mm length, 0.25 mm diameter and 0.25 mm film thickness. Helium (99.99%) was used as carrier gas. The temperature programming was set with initial column oven temperature of 60<sup>0</sup>C hold time of 2mins by 120<sup>0</sup>Cmin to a final temperature of 300<sup>0</sup>C with hold time for 2mins. 2.0 µl of the *P. tunicatum* leaf extracts were injected using a Hamilton syringe into the GC for total ion chromatographic analysis with split injection technique (3:1) respectively. The injector temperature was 250<sup>0</sup>C, ion source temperature was 200<sup>0</sup>C with an interface temperature of 280<sup>0</sup>C and recorded over a scan range of 45 to 650m/z with electron impact ionization energy of 70ev. Total running time of GC-MS for the methanol extract was 29 min, while for the dichloromethane/methanol extract was 23min. The relative percentage of each extract constituents were expressed as a percentage with peak area normalization. Compounds were identified by mass spectroscopy. This was done by comparing retention indices and mass spectra fragmentation patterns of the compounds with those stored on the computer library of the National Institute of Standard Technology ( NIST/EPA/NIH Mass Spectral Library, Version 2.0). Quantitative determinations were made by relating respective peak areas to TIC areas from the GC-MS.

## RESULTS AND DISCUSSIONS

GC-MS analysis revealed the presence of 30 compounds in dichloromethane/methanol extract and 35 compounds in methanol extract of *Pseuderathemum tunicatum* leaves. Peak

number, retention time, compound name, molecular weight, molecular formula and relative abundance are stated in their various tables. Table 1 shows compounds identified in dichloromethane/methanol extract of *P. tunicatum* leaves which represented the lipophilic fraction. Four compounds were identified as the major bioactive compounds. They are 21-methyl-17-isocholestane-16-[2-[formylthio]ethyl] and it had a relative abundance of 13.51% and eluted as

represented at peak 26.

Methyl-5,9,21-octacosatrienoate had a relative abundance of 12.72% and eluted as represented at peak 19; 9,19-Cyclolanostan-3-ol, 24-methylene- (3 $\beta$ .) had a relative abundance of 10.66% and eluted as represented at peak 29 and n-Hexadecanoic acid (i.e. palmitic acid) had a relative abundance of 10.20% and eluted as represented at peak 17.

Table 1. Bioactive Compounds identified in Dichloromethane/ methanol extract of *Pseuderatherium tunicatum* leaves

Peak No	RT (mins)	Name of Compound	Molecular formula	Molecular weight	Relative abundance (%)
1	3.709	n-Octanoic acid	C <sub>8</sub> H <sub>16</sub> O <sub>2</sub>	144	0.12
2	3.900	2-Butanone, 4-hydroxy-3-methyl	C <sub>5</sub> H <sub>10</sub> O <sub>2</sub>	102	0.26
3	5.857	1,8-Nonadien-3-ol	C <sub>9</sub> H <sub>16</sub> O	140	0.16
4	6.120	Cyclohexanol, 5-methyl-2-(1-methylethyl)-, (1.alpha.,2.beta.,5.alpha.)-(./-)-	C <sub>10</sub> H <sub>20</sub> O	156	0.91
5	6.336	Methylene chloride	CH <sub>2</sub> Cl <sub>2</sub>	84	0.07
6	6.700	Cyclohexanone, 5-methyl-2-(1-methylethyl)-, (2S-trans)-	C <sub>10</sub> H <sub>18</sub> O	154	0.34
7	6.941	Cyclohexanone, 5-methyl-2-(1-methylethyl)-, trans-	C <sub>10</sub> H <sub>18</sub> O	154	0.17
8	10.694	2-Decanoic acid	C <sub>10</sub> H <sub>16</sub> O <sub>2</sub>	168	0.10
9	11.173	Z,Z-4,16-Octadecadiene-1-ol acetate	C <sub>20</sub> H <sub>36</sub> O <sub>2</sub>	308	0.16
10	11.273	5-Aminoimidazole-4-carboxylic acid, methyl ester.	C <sub>5</sub> H <sub>7</sub> N <sub>3</sub> O <sub>2</sub>	141	0.15
11	11.726	1,2-Benzenedicarboxylic acid, mono(2-ethylhexyl) ester	C <sub>16</sub> H <sub>22</sub> O <sub>4</sub>	278	0.23
12	12.057	Z,Z-4,16-Octadecadien-1-ol acetate	C <sub>20</sub> H <sub>36</sub> O <sub>2</sub>	308	0.34
13	12.286	Z,Z-4,16-Octadecadien-1-ol acetate	C <sub>20</sub> H <sub>36</sub> O <sub>2</sub>	308	0.34
14	12.434	Tetradecanoic acid	C <sub>14</sub> H <sub>28</sub> O <sub>2</sub>	228	0.67
15	12.746	Spiro[androst-5-ene-17,1'-cyclobutan]-2'-one, 3-hydroxy-, (3 $\beta$ , 17 $\beta$ )	C <sub>22</sub> H <sub>32</sub> O <sub>2</sub>	328	0.41
16	13.558	Oxacyclododecan-2-one	C <sub>11</sub> H <sub>20</sub> O <sub>2</sub>	184	0.70
17	13.682	n-Hexadecanoic acid	C <sub>16</sub> H <sub>32</sub> O <sub>2</sub>		10.20
18	14.581	Phytol	C <sub>20</sub> H <sub>40</sub> O	296	3.70
19	14.798	Methyl 5,9,21-octacosatrienoate	C <sub>29</sub> H <sub>52</sub> O <sub>2</sub>	432	12.72
20	14.904	2,4,6,8-Tetramethyl-1-octacosanol	C <sub>32</sub> H <sub>66</sub> O	466	7.03
21	15.144	Triamcinolone acetonide	C <sub>24</sub> H <sub>31</sub> FO <sub>6</sub>	434	3.41
22	15.837	Olean-12-en-3-one	C <sub>30</sub> H <sub>48</sub> O	424	4.70
23	15.933	Olean-12-en-3-one	C <sub>30</sub> H <sub>48</sub> O	424	4.19
24	16.279	9,19-Cyclo-9 $\beta$ -lanostane-3 $\beta$ ,25-diol	C <sub>30</sub> H <sub>52</sub> O <sub>2</sub>	444	7.93
25	16.532	Ergosta-7,22-dien-3-ol acetate (3 $\beta$ , 5 $\alpha$ )	C <sub>30</sub> H <sub>48</sub> O <sub>2</sub>	440	4.92
26	16.838	21-Methyl-17-isocholestane 16-[2-[formylthio]ethyl]-	C <sub>30</sub> H <sub>52</sub> OS	460	13.51
27	17.081	D:B-Friedo-B':A'-neogammacer-5-en-3-ol, (3 $\beta$ ) (i.e Simiarenol)	C <sub>30</sub> H <sub>50</sub> O	426	8.19
28	17.284	Isocitronellol	C <sub>10</sub> H <sub>20</sub> O	156	1.43
29	17.689	9,19-Cyclolanostan-3-ol, 24-methylene-, (3 $\beta$ )-	C <sub>31</sub> H <sub>52</sub> O	440	10.66
30	19.967	$\alpha$ -Tocopherol	C <sub>29</sub> H <sub>50</sub> O <sub>2</sub>	430	1.39
31	20.651	Cyclopentane, 1,1'-hexadecylidenebis-	C <sub>26</sub> H <sub>50</sub>	362	0.90

Source: Own findings.

These represented 47.09% of the compounds present in the lipophilic fraction. These

compounds consists of a stanol ester, unsaturated fatty acid, a triterpene and a

saturated fatty acid. Stanol esters are a heterogeneous group of phytosterol esters with a saturated ring structure which are known to reduce the low density lipoprotein cholesterol when ingested [9]. n-Hexadecanoic acid has been reported to have activities like being antioxidant [12] which is about 68% antioxidant activity [8] as well as having cytotoxic activity [14], anti-inflammatory, anti spasmodic and antiviral [15]. 9,19-Cyclolanostan-3-ol, 24-methylene- (3 $\beta$ .) has been reported to have antimicrobial activity [18]. It has been reported that plant sterols and stanols are of good therapeutic options for the management of hypercholesterolemia [23] while triterpenes have been reported to have cytotoxic activity [24]. The presence of 21-methyl-17-isocholestane-16-[2-formylthio]ethyl] which is a derivative of stanols, 9,19-Cyclolanostan-3-ol, 24-methylene- (3 $\beta$ .) which is a triterpene and n-Hexadecanoic acid a saturated fatty acid found in appreciable quantities therefore suggests the usefulness of *P. tunicatum* leaves in human nutrition.

Other compounds found in appreciable quantities include 2,4,6,8-Tetramethyl-1-octacosanol (7.03%), Olean -12-en-3-one (8.89%), 9, 19-cyclo-9 $\beta$ -lanostane-3 $\beta$ -20-diol (7.93%), D:B-Friedo-B':A'-neogammacer-5-

en-3-ol, (3 $\beta$ )- (i.e Simiarenol) (8.19%). Results therefore indicated the presence of both tetracyclic and pentacyclic triterpenoids of dammarane, oleanane, cyclolartane and friedoursane type which constitutes about 36.08% of the compounds present in dichloromethane/methanol extract of *P. tunicatum* leaves. It has been reported that simiarenol is present in the root of *Rhododen rondayrium* and may have in vitro leishmanicidal activity against leishmania donovani promastigotes [4]. Some other compounds identified in this extract which has been reported to have positive health benefits include phytol (3.7%) and  $\alpha$ -tocopherol (ie vitamin E 1.39%). Phytol has been reported to have activities such as antimicrobial, anti-cancer, anti-inflammatory, anti-diuretic, immune-stimulatory and anti-diabetic activities [19]. There are four tocopherol isoforms namely  $\alpha$ ,  $\beta$ ,  $\gamma$ ,  $\delta$ -tocopherols among which  $\alpha$ -tocopherol was found in dichloromethane/methanol extract. It is known to have the highest vitamin E activity amongs the isoforms [6].  $\alpha$ -Tocopherol has some biological activities such as being antioxidant, anti-inflammatory, anti microbial, radical scavenging and anti-spasmodic [19].

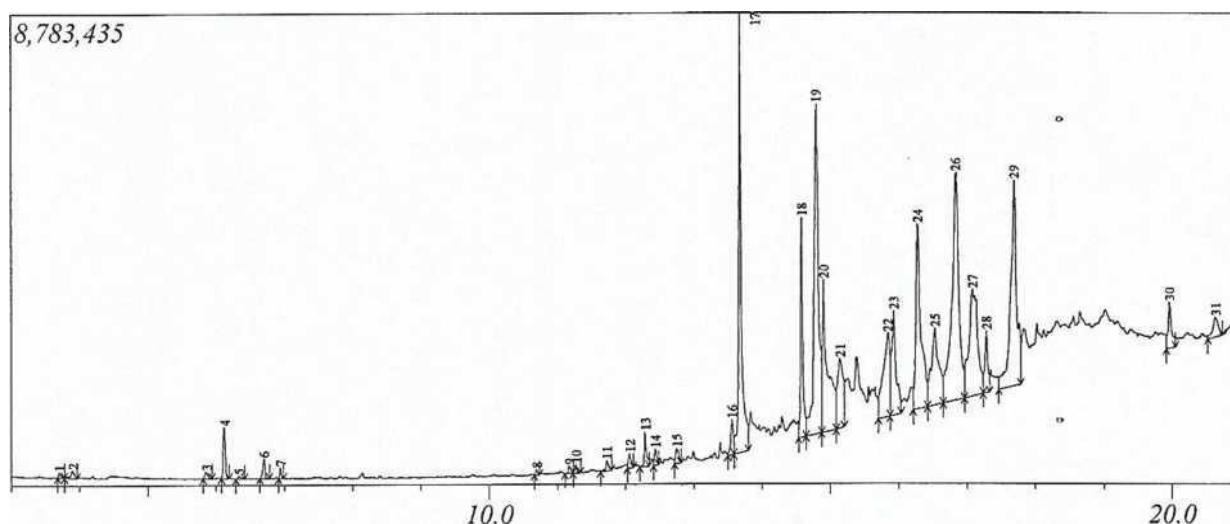


Fig. 1. Gas Chromatography- Mass Spectrometry Chromatogram of Dichloromethane-Methanol Extract of *Pseuderanthemum tunicatum* leaves.

Source: Own findings.

Table 2 shows results on compounds present in the methanol extract of *Pseuderanthemum tunicatum* leaves. The major compounds

identified include 2, 5 – furandone, 3- methyl which had relative abundance of 14.01% and eluted as peak 4; 5-hydroxymethyl furfural

had a relative abundance of 13.27% and eluted as peak 15; n – hexadecanoic acid (i.e. palmitic acid) had a relative abundance of 11.87% and eluted as peak 30 and 9-octadecenoic € (i.e. oleic acid) had a relative abundance of 12.25% and eluted as peak 34. These constitute 51.40% of compounds present in the hydrophilic fraction of *P. tunicatum* leaves. 2, 5- furandione, 3 –methyl has been reported to have anti-cancer activity [15]. 5-hydroxy methyl furfural is a sugar derivative and is a heterocyclic aldehyde widely present in foods. It is produced through the degradation of hexoses via Maillard

reaction during heat treatment of foods containing reducing sugars and amino acids in an acid environment [25]. 5 – hydroxyl methyl furfural has been reported to increase enzyme activities such as superoxide dismutase and glutathione peroxidase as well as potential therapeutic agent for the treatment of Alzheimer’s disease [13].

n-Hexadecanoic acid (i.e palmitic acid), 9-Octadecenoic acid (i.e oleic acid) and octadecanoic acid (i.e stearic acid) were the major fatty acids present in the methanol extract of *P. tunicatum* leaves.

Table 2. Bioactive compounds identified in Methanol extract of *Pseuderathernum tunicatum* leaves

Peak No	RT (mins)	Name of Compound	Molecular Formula	Molecular weight	Relative abundance (%)
1	3.382	1,3-Dioxan-5-ol,4,4,5 trimethyl	C <sub>7</sub> H <sub>14</sub> O <sub>3</sub>	146	0.09
2	3.625	3-methoxy-3-methyl-tetrahydro-pyran-2-one	C <sub>7</sub> H <sub>12</sub> O <sub>3</sub>	144	0.20
3	4.314	2-Furancarboxaldehyde, 5-methyl	C <sub>6</sub> H <sub>6</sub> O <sub>2</sub>	110	0.16
4	4.932	2,5-Furandione, 3-methyl-	C <sub>5</sub> H <sub>4</sub> O <sub>3</sub>	112	14.01
5	5.062	1H-Azonine, octahydro-1-nitroso-	C <sub>8</sub> H <sub>16</sub> N <sub>2</sub> O	156	0.92
6	5.638	Butanedioic acid, monomethyl ester	C <sub>5</sub> H <sub>8</sub> O <sub>4</sub>	132	0.45
7	5.806	2-Furancarboxylic acid, methyl ester	C <sub>6</sub> H <sub>6</sub> O <sub>3</sub>	126	1.12
8	6.051	4H-Pyran-4-one, 2,3-dihydro-3,5-dihydroxy-6-methyl-	C <sub>6</sub> H <sub>8</sub> O <sub>4</sub>	144	1.62
9	6.139	2(3H)-Furanone,5-ethenyldihydro-5-methyl.	C <sub>7</sub> H <sub>10</sub> O <sub>2</sub>	126	1.14
10	6.274	2,5-Furandione, dihydro-3-methylene	C <sub>5</sub> H <sub>4</sub> O <sub>3</sub>	112	0.87
11	6.593	Heptanoic acid, 3-hydroxy-methyl ester.	C <sub>8</sub> H <sub>16</sub> O	160	0.17
12	6.783	Levogluconone	C <sub>6</sub> H <sub>6</sub> O <sub>3</sub>	126	0.40
13	7.057	Butanedioic acid, methylene-, 4-methyl ester	C <sub>6</sub> H <sub>8</sub> O <sub>4</sub>	144	1.56
14	7.205	1α, 2 α, 4α, 5β-cyclohexanetetrol	C <sub>6</sub> H <sub>12</sub> O <sub>4</sub>	148	0.64
15	8.096	5-Hydroxymethyl furfural	C <sub>6</sub> H <sub>6</sub> O <sub>3</sub>	126	13.27
16	9.900	1,3-Dioxolane, 4,5-diethenyl-2,2-dimethyl	C <sub>9</sub> H <sub>14</sub> O <sub>2</sub>	154	9.01
17	10.056	2-Furanmethol	C <sub>5</sub> H <sub>6</sub> O <sub>2</sub>	98	0.66
18	10.802	Citric acid, trimethyl ester	C <sub>9</sub> H <sub>14</sub> O <sub>7</sub>	234	5.11
19	10.904	β-D-Glucopyranose-1,6-anhydro	C <sub>6</sub> H <sub>10</sub> O <sub>5</sub>	162	2.28
20	11.212	Octanedioic	C <sub>8</sub> H <sub>14</sub> O <sub>4</sub>	174	0.46
21	11.607	2-Hydroxypropane-1,2,3-tricarboxylic acid, dimethyl ester	C <sub>8</sub> H <sub>12</sub> O <sub>7</sub>	220	4.71
22	11.685	Undecanoic acid	C <sub>11</sub> H <sub>22</sub> O <sub>2</sub>	186	2.43
23	12.005	Nonanedioic acid	C <sub>9</sub> H <sub>16</sub> O <sub>4</sub>	188	0.90
24	12.307	n-Tetradecanoic acid	C <sub>14</sub> H <sub>28</sub> O <sub>2</sub>	228	1.97
25	12.956	9-undecenol-2,10-dimethyl	C <sub>13</sub> H <sub>26</sub> O	198	1.27
26	13.035	9-undecenol-2,10-dimethyl	C <sub>13</sub> H <sub>26</sub> O	198	0.47
27	13.000	Pentadecanoic acid	C <sub>15</sub> H <sub>30</sub> O <sub>2</sub>	242	0.43
28	13.383	Hexadecanoic acid, methyl ester	C <sub>17</sub> H <sub>34</sub> O <sub>2</sub>	270	0.36
29	13.578	cis-9-Hexadecenoic acid	C <sub>16</sub> H <sub>30</sub> O <sub>2</sub>	254	2.24
30	13.723	n-Hexadecanoic acid	C <sub>16</sub> H <sub>32</sub> O <sub>2</sub>	256	11.87
31	14.107	Eicosanoic acid	C <sub>20</sub> H <sub>40</sub> O <sub>2</sub>	312	0.37
32	14.304	Eicosanoic acid	C <sub>20</sub> H <sub>40</sub> O <sub>2</sub>	312	0.75
33	14.488	6-Octadecenoic acid, methyl ester (Z)	C <sub>19</sub> H <sub>36</sub> O <sub>2</sub>	296	0.80
34	14.823	9-Octadecenoic, (E)-	C <sub>18</sub> H <sub>34</sub> O <sub>2</sub>	282	12.25
35	14.932	n-Octadecanoic acid	C <sub>18</sub> H <sub>36</sub> O <sub>2</sub>	284	7.22
36	18.469	Hexadecanoic acid, (3-bromoprop-2-ynyl) ester	C <sub>19</sub> H <sub>33</sub> BrO <sub>2</sub>	372	0.46
37	18.658	3α-(Trimethylsiloxy)cholest-5-ene	C <sub>30</sub> H <sub>54</sub> OSi	458	0.40

Source: Own findings.

They have been reported to have antioxidant activities. However, [8] reported n-

hexadecanoic acid to have 68% antioxidant activity while 9-Octadecenoic acid has only

moderate activity and n-Octadecanoic acid had poor antioxidant activity. Mostly identified compounds were ketones, dibasic acids, fatty acids, fatty acid esters, sterols, stanols, flavonoids, nitrogen compounds and triterpenoids. The polarity of the respective solvents played a major role to extract more specific compounds. This was confirmed by the isolation of phyto-compounds on polarity based extraction [22]. Dichloromethane

methanol extracted more of sterols, stanols and triterpenoids while methanol extracted more of flavonoids, aldehydes, nitrogen compounds, fatty acids and fatty acid esters. It was observed that some compounds were common to both dichloromethane/methanol and methanol extracts of *P. tunicatum* leaves but in varied relative abundance. They are tetradecanoic acid (myristic acid) and n-Hexadecanoic acid (Palmitic acid).

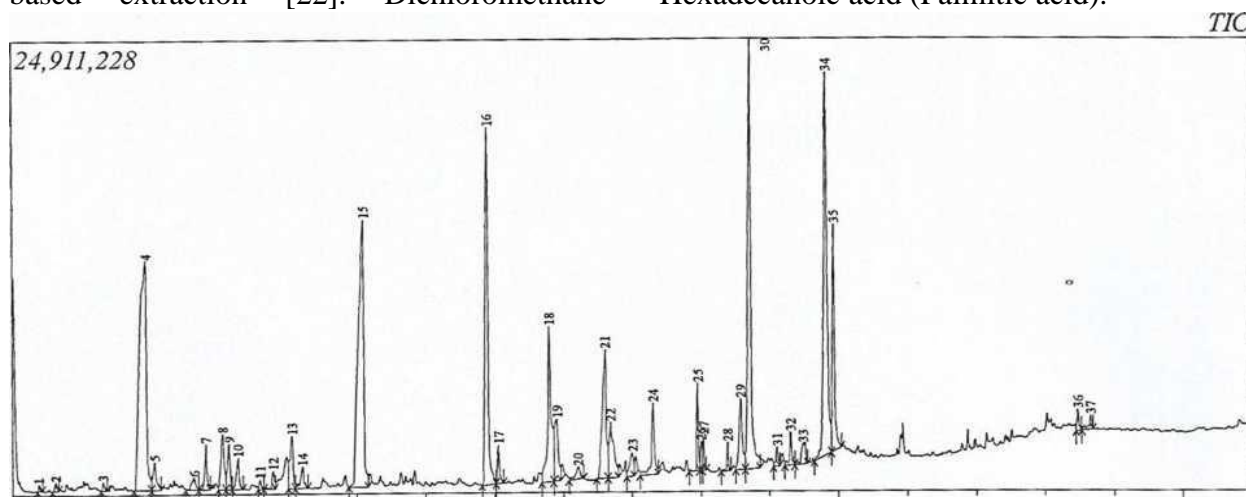


Fig. 2. Gas Chromatography- Mass Spectrometry - Chromatogram of Methanol Extract of *Pseudanthemum tunicatum* leaves.

Source: Own findings.

## CONCLUSIONS

In the present study 30 compounds from dichloromethane/methanol extract and 35 compounds from methanol extract were identified in *Pseudanthemum tunicatum* leaves. The polarity of solvents used for extraction resulted to variations in compounds extracted. The dichloromethane/methanol extract revealed that *P. tunicatum* leaves has good quantities of triterpenoids of the dammarane, oleanane, cyclolartane and friedoursane type. 21-methy 1-17 isocholestane – 16- [2-[formylthio] ethyl] which is a stanol was the most abundant compound in the dichloromethane/methanol extract while 2,5- furandienee – 3- methy (flavonoid) was the most abundant compound in the methanol extract of *P. tunicatum* leaves.

## REFERENCES

[1] Achikanu, C.E., Eze-Steven, P.E., Ude, C.M., Ugwuokolie, O.C., 2013, Determination of the vitamin

and mineral composition of common leafy vegetables in South-Eastern, Nigeria, *Int. J. Curr. Microbiol. App. Sci*, 2 (11): 347-353.

[2] Aghaire, P.O., Emoyan, O.O, 2012, Nutritional and antinutritional levels of some local vegetables from Delta State Nigeria, *African Journal of Food Science*, 6(1):8-11.

[3] Amaechi, N.C., Udeogu, E., Nwokafor, C.U., 2014, Nutrient, phytochemical and amino acid profile of *Pseudanthemum tunicatum* leaves. *International Journal of Applied Research and Technology*, 3 (11):47-84.

[4] Aplin, R.T., Arthur, H.R., Hui, W.H., 1966, The structure of the triterpene simiarenol (a E:B-Friendothop-5-ene) from the Hong Kong species of *Rhododendron simiarum*. *J. Chem. Soc. C.Org*, 1:1251-1256.

[5] Burkill, H.M, 1985, *Pseudanthemum tunicatum*: The useful plants of West Tropical Africa, Royal Botanic Gardens, Kew.

[6] Carretto, S., Nisi, R., Paradiso, A., Degara, L., 2009, Tocopherol production in plant cell culture, *Free Radical Research*, 43:527-597.

[7] Eswani, N., Abd Kudus, K., Nazre, M., Awang-Noor, A.G., 2010, Medicinal plant diversity and vegetation analysis of logged over hill forest of Tekai Tembeling Forest Reserve, Jerantut, Pahang, *Journal of Agricultural Science*, 2: 189-210.

[8] Henry, G.E., Momin, R. A., Nair, M.G., Dewitt,

- D.L., 2002 Antioxidant and cyclooxygenase activities of fatty acids found in food, *Journal of Agric and Food Chemistry*, 50: 2231-2234.
- [9] Katan, M.B., Grundy, S.M., Jones, P., Law, M., Meittinen, T., Paoletti, R., 2003, Stresa workshop participants. Efficacy and safety of plant stanols and sterols in the management of blood cholesterol level. *Mayo Clinic Proceedings*, 78 (8): 965-978.
- [10] Kathirvel, A., Sujatha, V., 2016, Phytochemical studies antioxidant activities and identification of active compounds using GCMS of *Dryopteris cochleata* leaves, *Arabian Journal of Chemistry*, 9: S1435 – S1442.
- [11] Khan, I., Jan, S.A., Shinwani, Z.K., Ali, M., Khan, V., 2017, Ethnobotany and medicinal uses of folklore medicinal plants belonging to family Acanthaceae: An updated review, *MOJ Biol. Med.*, 1 (2): 00009.
- [12] Lalitharani, S., Mohan, V.R., Regini, G.S., Kalidass, C., 2009, GCMS analysis of ethanolic extracts of *Pothos scandens* L. leaf, *J. Herb Med. Toxicol.*, 3: 159-160.
- [13] Liu, A., Zhao, X., Li, H., Liu, B., Mao, X., Guo, L., Bi, K., Jia Y., 2014, HMF, an antioxidant agent from *Alpini oxyphylla* (Mig) improves cognitive impairment in AB 1-42 mouse model of Alzheimer's diseases, *Intern. Immunopharmacol*, 23: 719-725.
- [14] Lokesh, R., Kannabiran, K., 2017, Cytotoxic potential of n-Hexadecanoic acid extracted from *Kigela pinnata* leaves, *Asian Journal of Cell Biology*, 12(1): 20-27.
- [15] Mohammed, G.J., AL- Jassani, M.J., Hameed, I.H., 2016, Antibacterial, antifungal activity and chemical analysis of *Punica grantanum* (Pomegranate peel) using GCMS and FTIR spectroscopy, *International Journal of Pharmacognosy and Phytochemical Research*, 8 (3):480-494.
- [16] Ong, M.G., Yusuf, S.N.A.M., Lim, V, 2016, Pharmacognostic and antioxidant properties of *Dracaena sanderiana* leaves. *Antioxidants*, 5 (28), 9 pages.
- [17] Orji, O.U, Ibiam, U. A., Uraku, A.J., Obasi, O.D., Alope, C.E., Awole, J.N., 2017, Investigations of phytochemical and nutritional composition of *Ruspolia hypocrateriformis* leaf. *IDOSR Journal of Applied Sciences*, 2 (2): 7—81.
- [18] Penduka, D., Buwa, L., Mayekiso, B., Basson, A.K., Okoh, A.I., 2014, Identification of the antilisterial constitutions of partially purified column chromatography fractions of *Garcinia Kola* seeds and their interactions with standard antibiotics, *Evidence Based Complementary and Alternative Medicine*. Article ID 850347, 8 pages.
- [19] Raman, B.V., Sameul, L.A., Pardha, S.M., Narashimha, R.B., Naga, V. K. A., Sudhakar, M., Radhakrishnan, T.M., 2012, Antibacterial, antioxidant activity and gas chromatography- mass spectrometry analysis of *Eupatorium odoratum*, *Asian Journal of Pharmaceutical and Clinical Research*, 5 (2): 99-106.
- [20] Sampson, J.H., Philipson, J.D., Bowery, N.G, O' Neili, M.J, Houston, J.G., Lewis, J.A., 2000, Ethnomedicinally selected plants as sources of potential analgesic compounds indication of in vitro biological activity in receptor binding assays, *Phytotherapy Research*, 14 (1): 24-29.
- [21] Sasidharan, S., Chen T., Saravananm D., Sundram, K.M., Yogalatha, L., 2011, Extraction isolation and characterization of bioactive compounds from plants extracts. *African Journal of Traditional complementary and Alternative medicine*, 8 (1): 1-10.
- [22] Shukla, R., Sharma, D.C., Pathak, N., Bajpai, P., 2016, Estimation of phytochemicals and in vitro antioxidant activity of different solvent extracts of *Grewia asiatica* fruit, *Research and Reviews: Journal of Botanical sciences*.
- [23] Weingartner, O., Ulrich, C., Luljohann, D., Ismail K., Schirmer, S.H., Vanmierlo, T., Bohm, M., Laufs, U, 2011, Differential effects on inhibition of cholesterol absorption by plant stanol and plant sterol esters in apo E-1-mice, *Cardiovascular Research*, 90 (3): 484-492.
- [24] Zhang, J., Yamada, S., Ogihara, E., Kurita, M., 2016, Biological activities of triterpenoids and phenolic compounds from *Myrica cerifera* bark, *Chem. Biodivers*, 13 (11): 1601-1609.
- [25] Zhao L., Chen J., Su, J., Li, L., Hu, S., Li, I.B., Zhang, X., Xu, Z., Chen, T., 2013, In-vitro antioxidant and anti-proliferative activities of 5-hydroxymethylfurfural, *Journal of Agriculture and Food Chemistry*, 61 (44): 10604-10611.

