STRUCTURAL TRANSFORMATIONS OF AGRICULTURE FARMS IN BULGARIA IN THE CONTEXT OF PRODUCTION SPECIALISATION AND DIVERSIFICATION

Julia DOITCHINOVA

University of National and World Economy, Students city, 19, Osmi dekemvri Street, 1700 Sofia, Bulgaria, Phone: +35928195384; E-mail: juliadoj@unwe.bg

Corresponding author: juliadoj@unwe.bg

Abstract

The increasing capitalization, specialization and intensification of the agrarian sector leads to a number of adverse impacts on rural areas, the environment, natural resources, etc. A growing number of researchers believe that structural trends in agriculture are unlikely to be reversible. In this context, research on farmers' intentions and their development strategies is becoming increasingly relevant. This article aims to analyze and evaluate the strategic intentions of farm owners in three regions of Bulgaria with different regional product specialization and farm structure in the context of the current Common Agricultural Policy. On the basis of a conducted survey in the regions of Dobrich, Blagoevgrad and Pazardzhik,, the state and reasons for the current specialization and the direction of the future strategic intentions of the farmers towards deepening production specialization or diversification with an emphasis on their impact on the development of rural areas are assessed. The survey results reveal attitudes towards production specialization and diversification by farms of different sizes, degrees of specialization and other characteristics.

Key words: production specialization; diversification, structural transformations, rural areas

INTRODUCTION

The number of agriculture farms is decreasing worldwide. Following the market logic (regardless of the applied agriculture policies), agriculture farms are more and more decreasing in number while growing in size [4, 17, 21, 28]. According to Eurostat [13], 2.2 million farms disappeared as a result of the Common Agricultural Policy (CAP) for the period 2007-2013. Small and mediumsized farms are declining fastest, despite EU support measures [33]. Under the current CAP, structural change is likely to continue or accelerate [36]. The increasing even capitalisation, specialisation and intensification of the sector is leading to a number of adverse impacts on rural areas, the environment, natural resources, etc. All these have raised public concern and criticism as structural trends in agriculture are unlikely to be reversible [16]. In this context, research on farmers' intentions and their development strategies has become increasingly relevant not only for researchers and policy makers, but also for society as a whole.

In this context, the paper aimed to analyze and assess the strategic intentions of farm owners in three regions of Bulgaria with different regional product specialization and farm structure in the context of the current Common Agricultural Policy.

Literature review

Research on strategies of rural household and implications for the role of agriculture in rural areas [10, 19, 32, 38] provides valuable results on the types of farms that manage to survive and the direction in which they are changing. In their attempt to summarize structural change, the authors [41] distinguish two main approaches to farm development. The first is observed in farms that are oriented towards economies of scale in terms of farming activities. The second approach is chosen by farms that aim for "economies of scope" by diversifying income with farm-related activities [27; 38]. The use of economies of scale is seen as the most financially rewarding strategy [35]. Income diversification along with farm pluriactivity are assessed as the determinants of farm viability and the sustainability of small- and medium-sized family farms and of slowing structural change [3; 7; 18]. Some researchers [16; 38] stress that through income diversification, farms can cope with "increasing pressure" on farming activities and ensure continuity.

There are studies in the literature [27] that assess differences between diversification activities depending on their factor intensity in terms of labor and capital. They conclude that engaging in labor-intensive activities is a typical "survival strategy" for small farms that lack the ability to grow and expand their farm activities based on land and capital-intensive non-farm activities. Hence, labour-intensive diversification is highly akin to "the search for - and ... the simultaneous deployment of a practically new model of agricultural development" [38, p. 40)] which is different from that of agricultural industrialisation and therefore a deviation from the growth paradigm.

Capital-intensive diversification complements growth in terms of scale expansion and in this sense does not deviate from the industrial logic and growth paradigm, unlike different types of income diversification ("extension") activities [39].

Agricultural industrialization is limiting the social functions of agriculture [15, 20, 25, 34], as fewer residents of rural areas earn an income from it. At the same time, it has caused the "expansion" or shifting boundaries of farming [40], strengthened farm linkages with the "countryside" [38, 39] and increased the multifunctionality of rural areas and farms [8; 9, 22, 37]. The decreasing number of farms not only limits the socio-economic function of agriculture, but also has a negative impact on socio-ecological functions. A number of authors [5, 16], link the decreasing number of farms to a decreasing share of rural residents associated with agriculture. In this way the connection of regional residents to agriculture, as well as their general attachment to place, is becoming weaker. In some statistical regions of Bulgaria, this is among the main causes of negative demographic processes and depopulation [11].

MATERIALS AND METHODS

The concept of multifunctional agriculture (MFA) forms the basis of our analytical perspective. MFA has been adopted by a number of researchers as a broad frame of reference for depicting the multiple interactions between agriculture and its social, economic, and ecological environment and role in different aspects [30; 42, 43]. At the same time, it mainly focuses on the diversification of the rural economy, which is why some researchers are tending to broaden the focus to the multifunctional rural space [31].

The dynamics of structural change, as well as the multifunctionality of agriculture, are always specific in time and place and take into account the unique combination (for each rural area) of natural and climatic conditions, soil and water resources, population density, etc. [27].

In the context of regional development, some authors [6] view farms as spatially anchored organizational units that have specific resources, engage in different activities, act according to complex motivations, and as a result are deeply embedded in socioecological systems.

The activities include food (agricultural) production as well as farm-related activities. Thus, the growing number of farms engaged in income diversification and the implicit impact on the multifunctionality of agriculture are recognized [1, 29; 39]. The functions of agriculture are deployed through farm activities and characterize the ways in which social goals and demands are met [8, 26].

The great diversity of types of activities as well as the differences between rural areas in Bulgaria are the reason for researching transformational changes in several regions. The methodological approach of the research conducted in 2022 includes several stages, shown in Figure 1.



Fig. 1. Methodological approach and stages of the research $% \left({{{\mathbf{F}}_{\mathrm{s}}}^{T}} \right)$

Source: own research.

In the first stage, indicators for assessment of the diversity of regions in Bulgaria were selected. Emphasis was placed on the production specialization of agriculture, the model of farming formed and the number and size of farms. Thus, three districts in the country were identified in which (in the second stage) a survey was conducted. The structure of its questions created opportunities to examine the current production structure of farms, to assess the reasons for its formation and to explore the intentions of farm owners and managers for their development over a ten-year period.

In the first stage of the research, three regions of the country - Blagoevgrad, Pazardzhik and Dobrich (Level NUT3) - were selected on the basis of statistical areas (Map 1). The first two differ significantly from Dobrich district (Table 1), both in terms of average sizes of farms and their production specialization and formed model of agriculture [23].

In the surveys and structured interviews conducted with owners of farms of different regions, production specialization and economic size, the focus was mainly on their strategic intentions and which prevails among them - attitudes towards specialization or diversification of farm activities. For this purpose, a wide range of farm development options were used.

	Pagions (Lavel NUT2)			
	Blagoevgrad	Dobrich	Pazardsoik	
Number of holdings	13,569*	5,377	8,989	
Average size of used agricultural land (ha)	9.6	76**	10.1	
Farming model	Southern	Northern	Southern	
Share of farms of physical persons (%)	96.9	84.3	94.5	
Share of farms specialising in arable crops (%)	25.93	55.22	25.22	
Share of farms specialising in the production of vegetables, fruit and grapes (%)	22.34	7.49	32.52	
Share of mixed farms (%)	10.87	20.92	15.82	
Share of livestock farms (%)	35.65	14.73	25.13	

Source: [24].

Note: *Highest number in the country.

**The size ranks second among regions in the country.



Map 1. Researched regions on the administrative map of Bulgaria Source: https://cadis.bg [43].

RESULTS AND DISCUSSIONS

The survey of agricultural holdings was carried out in the territory of the rural areas of Blagoevgrad, Pazardzhik and Dobrich regions. The survey covered 168 agricultural farms.

Mixed farms were the most numerous in Blagoevgrad and Pazardzhik regions - 33% and 33.5% respectively. In the first region they are followed by livestock farms - 28.57 % and crop farms - 23.81 %, and in Pazardzhik region - by crop and vineyard farms. In both regions, the relative share of farms specialised in fruit and vegetable production is the lowest. In Dobrich region, the majority of farms is specialised in arable crops - 41.67% and livestock breeding - 33.3%. Next are mixed farms - 25%.

Regarding the legal status, in Blagoevgrad and Pazardzhik regions, the most numerous farms surveyed are those of individuals who are registered as farmers (86% and 83% respectively). In Dobrich region, half of the respondents are registered under the Commercial Law as sole traders, limited liability companies or sole limited liability companies.

Depending on their economic size, the farmers surveyed classified their farms into income groups as shown in Table 2. The first income group (up to 4,000 BGN) included 3.84% of the respondents in Pazardzhik region and no farms from the other two regions.

In Blagoevgrad region, the largest presence of surveyed farmers is in the groups between BGN 25,000 and BGN 50,000 and between BGN 50,000 and BGN 100,000, while in Pazardzhik region the majority of farms are in the groups BGN 15,000-25,000 and BGN 25,000-500,000. In contrast to these regions, in Dobrich the largest number of respondents were with farms with production volume between 50,000 and 100,000 BGN (41.67%) and above 100,001 BGN (33.3%).

Table 2. Di	stribution	of	farms	by	economic	c size.

Economic size	Blagoevgrad	Pazardzhik	Dobrich
over 100,001	4.76	5.68	33.33
50,001-	30.95	11.53	41.67
25,001-50,000 BGN	33.33	25.00	8.33
15,001-25,000 BGN	19.05	28.84	12.50
8,001-15,000 BGN	7.14	15.38	4.17
4,001-8,000 BGN	4.76	9.62	
up to 4,000 BGN		3.84	
Total	100.0	100.0	100.0

Source: own research.

The average number of permanent employees in the surveyed farms from Blagoevgrad district is 2.33, including 2.05 family members. Seasonally employed workers range from 1 to 10. In Pazardzhik region, the average number of permanent employees was 3, with 2.54 family members, and seasonally employed workers ranged from 2 to 16. Respondents in Dobrich region indicated a different number of permanent employees, which formed an average of 7.3 employees, while the average number of working family members was 3.1.

On the basis of the above data we can generalize that in Dobrich region there are predominantly specialized and relatively larger in size farms in contrast to the other two studied regions.

The diversification processes of the activities of the farms have different dimensions in the three regions. In Blagoevgrad region, the highest relative share of farms is of farms conducting direct sales - 42.86%, followed by those performing activities related to environmental protection and ecosystem services - 38.1% (Table 3). Among these, the number of farms that grow bees and fruit is significant.

In Dobrich region 66.67% of farms do not develop any other activities. The next largest group with 33.3% are farms providing mechanised services and/or ecosystem services and environmental protection activities.

Tourist activities are carried out by 14.29% of the surveyed farms in Blagoevgrad region, 16.67% in Dobrich region (all in Balchik municipality) and only 3.8% in Pazardzhik region.

In Blagoevgrad region, the same relative shares (9.52%) were occupied by farmers providing mechanised services, developing crafts or renting agricultural land under lease or rental contracts. The smallest number of farms are those processing agricultural production (4.76%).

In Pazardzhik region, the highest proportion of farms is in processing (48.1 %), followed by direct sales. 33.3% of producers do not carry out any other activities.

The above data show that in comparative terms the greatest interest in diversification of production is in the surveyed farms from Pazardzhik region, followed by Blagoevgrad region. The last place is occupied by Dobrich

Scientific Papers Series Management, Economic Engineering in Agriculture and Rural Development Vol. 25, Issue 1, 2025 PRINT ISSN 2284-7995, E-ISSN 2285-3952

region, where only one in three farms develops some activity outside agriculture.

Table 3. Agricultural farms with non-agricultural activities (%)

Regions and non-agricultural	Dobrich region	Pazardzhik region	Blagoevgrad region
activities		21.2	22.2
I do not develop other activities	66.7	21.2	33.3
Crafts	8.33	3.8	9.5
Renting or leasing of land	0	1.9	9.5
Environmental protection and ecosystem services	33.3	11.5	38.1
Processing of agricultural production	16.7	48.1	4.8
Direct sales	25.0	19.2	42.9
Mechanised services	33.3	7.7	9.5
Tourism services	16.7	3.8	14.3

Source: own research.

The object of research interest are the reasons and the evaluation of the chosen production specialization of farms. A five-point positive scale was used for this purpose. In Dobrich region the owners rated the role of markets in the choice of production specialization of farms 3.8, while the ratings of other regions were lower - Blagoevgrad region with 3.07 and Pazardzhik region with 2.8, respectively (Table 4). In general, the role of direct payments and other Common Agricultural Policy instruments in shaping production specialisation is rated higher. It is rated 3.85 in Pazardzhik, 3.8 in Blagoevgrad and 3.4 in Dobrich.

More significant are the differences in the assessments of the importance of direct payments and production specialisation for the stability of the financial situation of the farm. In Dobrich the score is the highest 4.0, in Pazardzhik 3.36, and in Blagoevgrad only 3.0.

Production specialisation and participation in network structures are not perceived as prerequisites for sustainable farm development. The scores are very low, ranging from 2.0 in Dobrich to 3.7 in Pazardzhik and 2.93 in Blagoevgrad. The higher score in Pazardzhik district is related to the experience over the last two programming periods in establishing the different network structures in this part of the country. Table 4. Farmers' assessment of the reasons for the production specialization of their holdings

		loiumgs	
Reasons for the	Dobrich	Pazardzhik	Blagoev-
production	region	region	grad
specialization and			region
regions			
The main reason for the			
current production	3.8	2.8	3.1
specialisation of my	5.0	2.0	5.1
form are the markets for			
agricultural products			
agricultural products			
and the raw materials			
for their production.			
The main reason for the			
current production	3.8	3.9	3.4
specialisation of my			
farm are the direct			
payments and other			
instruments of the EU			
Common Agricultural			
Policy.			
Production			
specialisation and direct	4.0	34	3.0
payments are	4.0	5.4	5.0
prorequisites for the			
stable financial			
situation of your farm.			
Production	• •		•
specialisation and	2.0	3.7	2.9
participation in various			
network structures are			
prerequisites for the			
sustainable			
development of your			
farm.			
To what extent the plant			
and animal production	2.8	3.9	3.6
technologies used have			
a beneficial impact on			
the environment			
To what extent the			
production	4.0	3.6	29
specialisation of my	4.0	5.0	2.7
form ensures that its			
production potential is			
fully exploited (Leht-in			
nuny exploited (1 obtain			
maximum income from			
the production factors			
at my disposal).			
To what extent the			
current production	4.5	4.1	3.8
specialisation of your			
farm exploits the			
comparative advantages			
of the area (mv			
specialisation is			
appropriate to the			
conditions of the area).			

Source: own research.

A higher score was formed in Pazardzhik district in terms of the favourable environmental impacts of the applied technologies. It is 3.9 in Pazardzhik region against 2.8 in Dobrich region. In Blagoevgrad the score is 3.6.

Of particular interest are the estimates of the extent to which the production specialisation of farms ensures that the production potential is fully exploited. Obtaining maximum income from the production factors available to the farm is rated highest in Blagoevgrad region (4.0). This is followed by Pazardzhik region (3.63) and Dobrich region (2.93).

The extent to which the current production specialisation of the farm exploits the comparative advantages of the region (the specialisation is suitable for the conditions of the region) is rated lowest in Blagoevgrad region - 3.8, followed by Pazardzhik region -4.09 and highest in Dobrich region - 4.5.

6.67% of the farms in Blagoevgrad region implemented projects under have the SAPARD programme and the first Rural Development Programme (2007-2013). Their doubled in number the period of implementation of second the Rural Development Programme (2014 - 2020)13.33%. The activity of producers in Dobrich region is higher. There, 16.67% of the farms surveyed had implemented modernisation projects in the period of the first Rural Development Programme (2007-2013) and 25.0% in the period of the second national Rural Development Programme (2014-2020).

Comparatively, the lowest percentage of those who implemented projects was in Pazardzhik - only 7.7% in the first and 11.5% in the second Rural Development Programme.

Of particular interest are the answers about the future development intentions of the farm owners. Expected changes in farm specialisation and diversification are of research interest. In all three areas, the highest proportion of farmers will invest in environmental protection activities and the provision of ecosystem services. Such are the intentions of 47.62% of respondents in Blagoevgrad region, 55.5% of those in Pazardzhik region and 33.33% in Dobrich region.

In the next place with the same relative share (14.47%) in Blagoevgrad region are the intentions to develop rural and ecological tourism and to conclude long-term contracts with processing enterprises. In Pazardzhik district, farmers are most likely to invest in primary processing activities and in activities related to preparation and/or marketing of production (11.5%).

The relative share of farmers intending to develop tourist activities or offer rooms to tourists in Dobrich region is significantly lower - 8.35% and 4.17% respectively.

Plans to invest in collective processing facilities were not reported by respondents in Blagoevgrad region, while in Pazardzhik and Dobrich districts they were measured at 7.7% and 8.35% respectively.

In Pazardzhik region, there is a high relative share of farmers who intend to retire from the business and hand it over to the next generation to manage. This answer was chosen by 23% of respondents. Some of them (3.85%) also indicated the likelihood of the farm being closed down.

In terms of maintaining or changing the production specialization of farming, there are differences among respondents in the three regions. Farmers in Dobrich region are the most numerous who intend to keep their production specialization (58.34%) of respondents). The majority of those with grain specialization and mixed farms intend to increase the concentration of production (33.33% of all respondents). Second are the farmers who intend to move towards organic farming (16.67%) and only 8.33% are targeting a significant change of production specialization mainly in the direction of reducing the types of animals produced.

In Blagoevgrad and Pazardzhik regions, 33.34% and 28.84%, respectively, plan to change their production specialization. In both regions the predominant intention of producers is to develop organic crop and livestock production.

Of particular interest are the responses to the question on farmers' intentions to participate in producer organisations (Table 5). The answer "very likely" was chosen by 19.05% of respondents in Blagoevgrad and 15.38% of those in Pazardzhik.

In Dobrich region the answer "very likely" was not indicated by any respondent. The next level "likely to participate" was indicated by 28.84% of respondents in Pazardzhik region, 16.67% of those in Dobrich region and 14.29 of respondents in Blagoevgrad region.

38.1% of farmers in Blagoevgrad region, 28.84% of those in Pazardzhik region and

25% of those in Dobrich region categorically expressed that they would not participate.

Overall, the comparison by regions shows that there are no significant differences by region between those who are willing to do so and those who are firm in their non-participation or did not answer the question.

The problem of creating producer organizations is more significant for Blagoevgrad and Pazardzhik districts, where small farms predominate with serious problems in selling their products.

They are also the districts with the lowest average size of agricultural land used per farm.

Table 5. Future intentions to participate in producer organisations (%)

Regions	Blagoevgrad	Pazardzhik	Dobrich
and			
Very likely	19.05	15.38	
Likely	14.29	28.84	16.67
Unlikely	33.3	32.69	41.67
I will not	38.1	28.84	25.00
do it			
No answer	14.76	11.53	16.67
provided			

Source: own research.

Respondents' answers about the ecosystem services provided by their farms were mixed (Table 6).

Table 6	Ecosystem	services	provided b	v farms i	(%)
I able 0.	Leosystem	SUIVICUS	provided o	y rarms	(/0)

Regions and ecosystem services provided by farms	Dobrich region	Pazardzhik region	Blagoevgrad region
Landscape	25.0	26.1	40.0
Biodiversity	31.2	13.0	26.7
Water quality	12.5	4.4	13.3
Soil quality	18.7	32.6	26.7
Food security	56.2	15.2	40.0

Source: own research.

For producers in the Blagoevgrad region, the highest relative proportion of farms considered this to be landscape (40%) and food security (40%). Soil quality and biodiversity came next at 26.67%.

In Pazardzhik region, soil quality (32.61%) ranked first, followed by landscape impacts (26.09%) and food security (15.22%), while in Dobrich region the highest number of farmers chose food security (56.25%), biodiversity conservation (31.25%) and landscape impacts (25.0%).

Water quality was chosen by the least number of farmers, with scores ranging from 4.35% in Pazardzhik to 13.33% in Blagoevgrad.

In summarizing the results by region and comparing them, the following trends and expected directions for strategic change emerge:

-For Dobrich region, economies of scale and the development of specialised farming are of leading importance. Over the last 15 years, the vast majority of farms have increased the amount of agricultural land used, modernized their farms, and shifted to growing crops with higher production potential and income. One possible explanation is the relatively high selfassessment of larger farms of their income from their activities. Those that have expressed plans to diversify are focusing on ecosystem services and capital-intensive diversification (building renewable energy sources), etc. Even in coastal municipalities, farmers' interest in agro-tourism is limited.

-The diversity of the topography, the border character of some of the rural municipalities, the natural assets, etc. in the rural areas of Blagoevgrad region are the basis of the farmers' plans for structural transformations. Producers consider that their current specialisation production is largely determined by the Common Agricultural Policy and that it does not allow them to make sufficient use of the comparative advantages of the area in which they operate.

The future plans of producers are dominated by producers who are likely to turn to environmentally friendly practices and organic production, as well as to the development of tourism services. These intentions are more strongly expressed in the areas with mineral springs and near traditional tourist routes in the mountains of Rila, Pirin, Osogovo, Therefore, there etc. is a predominance of farms that will apply labourintensive diversification and contribute to the development of the rural communities in which they operate.

-Farmers in Pazardzhik region have also increased the amount of used agricultural land and modernized their farms. Compared to the other two regions, the largest number of respondents here have changed their production specialization in the last 15 years. A number of small farms have stopped producing fruit and vegetables and raising animals. The strategic plans of a significant proportion of them are to invest in environmental protection activities and the provision of different ecosystem services, organic production, and to build processing facilities.

A multifunctional agricultural sector that contributes to the realisation of multiple objectives is at the heart of the European Union's agricultural model [14]. It affirms not only the various functions of agriculture, but also tries to develop additional activities and productions in specialized farms [12]. On the basis of the benefits of farm specialisation and diversification that have been repeatedly studied, this study confirms the results of other authors that the type of agricultural production, the size and legal status of farms influence their choice of development. Among the larger specialised farms, attitudes towards deepening production specialisation and concentration continued of production (economies of scale) prevail. Thus, whole regions (in our case the Dobrich region) are developing specialised industries. Although relatively rare, farms are diversifying their activities, often in the direction of the capitalintensive diversification encouraged by the current Common Agricultural Policy.

In the other two studied regions, there is increased interest in diversification, and mainly labour-intensive diversification. It provides employment not only to household members but also to residents in the rural area. In this way, as some authors rightly point out [27] socio-ecological and sociocultural functions are strengthened. Tourism offerings from farms and ecosystem services have a positive effect on the recreational value of the region, as well as on the transfer of knowledge about agriculture and sustainable rural development [2, 3]. Labour-intensive diversification is a means for farms to expand their importance in the local economy.

The results of the present study are a challenge for future research aimed at changes in the behavior of agricultural holdings and

their impact on the rural areas in which they operate. These changes are particularly important for municipalities with low population density, mountain municipalities and areas with unfavorable natural conditions.

ACKNOWLEDGEMENTS

The report was developed under the project "Development of Rural Territories in the Conditions of an Economy Transforming to Sustainability" (RTtowardsSE), financed by the "Scientific Research" fund in Bulgaria.

REFERENCES

[1]Ammirato, S., Felicetti, A.M., Raso, C., Pansera, B.A., Violi, A., 2020, Agritourism and sustainability: what we can learn from a systematic literature review. Sustainability 12 (22), 9575.

[2]Aug'ere-Granier, M.-L., 2016, Research for European Parliament - Farm Diversification in the EU. Briefing. European Parliamentary Research Service, Brussels.

[3]Barnes, A.P., Hansson, H., Manevska-Tasevska, G., Shrestha, S.S., Thomson, S.G., 2015, The influence of diversification on long-term viability of the agricultural sector. Land Use Pol. 49 (5), 404–412.

[4]Besser, T., Jurt, C., Mann, S., 2017, Agricultural structure and farmers' interconnections with rural communities. Int. J. Soc. Econ. 44 (3), 362–376.

[5]Bilewicz, A., Bukraba-Rylska, I., 2021, Deagrarianization in the making: the decline of family farming in central Poland, its roots and social consequences. Journal of Rural Studies 88 (1), 368– 376.

[6]Bjorklund, J.C., Johansson, J., 2020, Farming beyond food: effect of embeddedness and "governance structures on farmers' role in rural development. Enterpren. Reg. Dev. https://www.divaportal.org/smash/record.jsf?pid=diva 2:1384688. Accessed on 21.07.2024.

[7]Bojnec, S., Knific, K., 2021, Farm household income diversification as a survival strategy. Sustainability 13 (11), 6341–6357.

[8]Cairol, D., Coudel, E., Knickel, K., Caron, P., 2008, Conclusion: which perspectives for future research on multifunctionality of agriculture and rural areas? Int. J. Agric. Resour. Govern. Ecol. 7 (4–5), 419–436.

[9]Doitchinova, J., Todorovam K., Terziyska R. 2018, Models of agriculture and their impact on rural areas, coll. "Challenges before agrarian business and rural areas", Publishing complex-UNSS, pp.127-134.

[10]Doitchinova, J., Stoyanova, Z., 2023, Production specialization – factor for increasing added value in the farms Bulgarian Journal of Agricultural Economics and Management, 68, Vol. 3, pp. 39-47.

Scientific Papers Series Management, Economic Engineering in Agriculture and Rural Development Vol. 25, Issue 1, 2025 PRINT ISSN 2284-7995, E-ISSN 2285-3952

[11]Doitchinova, J., Lazarova, E, 2023, Demographic changes and inequalities: regional differences with a focus on rural area in Bulgaria, Scientific Papers Series Management, Economic Engineering in Agriculture and Rural Development, Vol. 23(4), 261-270.

[12]Doitchinova, J., Miteva, A., 2023, Rural Development in the Context of Agricultural Models: Evidence from Bulgaria. In: Bilgin, M.H., Danis, H., Demir, E., Wincenciak, L., Er, S.T. (eds) Eurasian Business and Economics Perspectives. EBES 2022. Eurasian Studies in Business and Economics, vol 25. Springer, Cham. https://doi.org/10.1007/978-3-031-36286-6_9, p.155-166.

[13]Eurostat, 2023, Farm structure.

[14]European Commission, 2020, Strategic Plan 2020– 2024 - Agricultural and Rural Development (Planning and Management Documents). https:// ec.europa.eu/info/publications/strategic-plan-2020-

2024-agriculture-and-rural -development_en. Accessed on 15.07.2024.

[15]Farina, A., 2000, The cultural landscape as a model for the integration of ecology and economics. Bioscience 50 (4), 313–320.

[16]Hebinck, P., 2018, De-/re-agrarianisation: global perspectives. J. Rural Stud. 61, 227–235.

[17]Henry, M.S., 1996, Small farms and sustainable development: is small more sustainable? Discussion. Journal of Agricultural and Applied Economics 28 (1), 84–87.

[18]Hochuli, A., Hochuli, J., Schmid, D., 2021, Competitiveness of diversification strategies in agricultural dairy farms: empirical findings for rural regions in Switzerland. Journal of Rural Studies 82 (3), 98–106.

[19]Huttunen, S., 2019, Revisiting agricultural modernisation: interconnected farming practices driving rural development at the farm level. J. Rural Stud. 71 (2), 36–45.

[20]Kallioniemi, M.K., Simola, A., Kaseva, J., Kyma[°]lainen, H.-R., 2016, Stress and burnout[°] among Finnish dairy farmers. Journal of agromedicine 21 (3), 259–268.

[21]Knickel, K., 1990, Agricultural structural change: impact on the rural environment. Journal of Rural Studies 6 (4), 383–393.

[22]Knickel, K., Renting, H., van der Ploeg, J.D., 2004, Multifunctionality in European agriculture. In: Brouwer, F. (Ed.), Sustaining Agriculture and the Rural Environment. Governance, Policy and Multifunctionality. Elgar, Cheltenham.

[23]Miteva, A., Doitchinova, J., 2022, Agriculture in the southwestern region of Bulgaria and its impact on rural development, Economics of Agriculture, Belgrade, Year 69, No. 4, 2022, pp. 1003-1016.

[24]Ministry of Agriculture, 2022, Agrostatistics, Census of Agricultural Holdings 2020.

[25]Molinero-Gerbeau, Y., Lopez-Sala, A., Şerban, M., 2021, On the social sustainability of industrial agriculture dependent on migrant workers. Romanian workers in Spain's seasonal agriculture. Sustainability 13 (3), 1062–1079.

[26]Nowack, W., Schmid, J.C., Grethe, H., 2021, Social dimensions of multifunctional agriculture in Europe - towards an interdisciplinary framework. Int. J. Agric. Sustain. 14 (1), 1–16.

[27]Nowack, W., Popp, T., Schmid, J., Grethe, H., 2023, Does agricultural structural change lead to a weakening of the sector's social functions? – A case study from north-west Germany, Journal of Rural Studies, Volume 100, May 2023, 103034.

[28]Park, S., Deller, S., 2021, Effect of farm structure on rural community well-being. Journal of Rural Studies 87 (1), 300–313.

[29]Renting, H., Oostindie, H., Laurent, C., Brunori, G., Barjolle, D., Jervell, A.M., Granberg, L., Heinonen, M., 2008, Multifunctionality of agricultural activities, changing rural identities and new institutional arrangements. International Journal of Agricultural Resources, Governance and Ecology 7 (4/5), 361–385.

[30]Renting, H., Rossing, W.A.H., Groot, J.C.J., van der Ploeg, J.D., Laurent, C., Perraud, D., Stobbelaar, D.J., Van Inttersum, M.K., 2009, Exploring multifunctional agriculture. A review of conceptual approaches and prospects for an integrative transitional framework. Journal of Environmental Management 90, 112–123.

[31]Roche, M., Argent, N., 2015, The fall and rise of agricultural productivism? An Antipodean viewpoint, Progress in Human Geography, Vol. 39(5) October 2015, pp. 621–635.

[32]Roest, K. de, Ferrari, P., Knickel, K., 2018, Specialisation and economies of scale or diversification and economies of scope? Assessing different agricultural development pathways. Journal of Rural Studies 59, 222–231.

[33]Rossi, R., 2022, Research for European Parliament - Small Farms' Role in the EU Food System. Briefing, European Parliamentary Research Service, Brussels.

[34]Rye, J.F., Andrzejewska, J., 2010, The structural disempowerment of Eastern European migrant farm workers in Norwegian agriculture. Journal of Rural Studies 26 (1), 41–51.

[35]Salvioni, C., Henke, R., Vanni, F., 2020, The impact of non-agricultural diversification on financial performance: evidence from family farms in Italy. Sustainability 12 (2), 486. https://doi.org/10.3390/su12020486.

[36]Schuh, B., et al., 2022, Research for AGRI Committee – the Future of the European Farming Model. Socio-Economic and Territorial Implications of the Decline in the Number of Farms and Farmers in the EU. European Parliament, Policy Department for Structural and Cohesion Policies, Brussels.

[37]Sonnino, R., 2004, For a 'piece of bread'? Interpreting sustainable development through agritourism in Southern Tuscany. Sociol. Rural. 44 (3), 285–300.

[38]van der Ploeg, J.D., Roep, D., 2003, Multifunctionality and rural development: the actual situation in Europe. In: van Huylenbroeck, G., Durand, G. (Eds.), Multifunctional Agriculture. A New

Scientific Papers Series Management, Economic Engineering in Agriculture and Rural Development Vol. 25, Issue 1, 2025 PRINT ISSN 2284-7995, E-ISSN 2285-3952

Paradigm for European Agriculture and Rural Development. Ashgate, Aldershot.

[39]van der Ploeg, J.D., Jingzhong, Y., Schneider, S., 2012, Rural development through the construction of new, nested, markets: comparative perspectives from China, Brazil and the European Union. J. Peasant Stud. 39 (1), 133–173.

[40] Ventura, F., Milone, P., 2004, Novelty as redefinition of farm boundaries. In: Wiskerke, J. (Ed.), Seeds of Transition: Essays on Novelty Production, Niches and Regimes in Agriculture. Van Gorcum, The Netherlands.

[41]Weltin, M., Zasada, I., Franke, C., Piorr, A., Raggi, M., Viaggi, D., 2017, Analysing behavioural differences of farm households: an example of income diversification strategies based on European farm survey data. Land Use Pol. 62, 172–184.

[42]Wilson, G.A., 2007, Multifunctional Agriculture. A Transition Theory Perspective. CABI, Wallingford.

[43]Zasada, I., 2011, Multifunctional peri-urban

agriculture-a review of societal demands and the

provision of goods and services by farming. Land Use Pol. 28 (4), 639–648.

[43]*** https://cadis.bg, Accessed on 2 August, 2024.